

Kinsale Road LRD, Kinsale Road, Cork
Outline Construction Traffic Management
Plan
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### 1 Introduction

This Engineering report was prepared for a proposed Large-scale Residential Development (LRD) on a site located at Kinsale Road, Cork. The site location is shown in Figure 1-1 below.

The site of the proposed development is a brownfield site which was formerly owned by Vita Cortex and is approximately 1.2 hectares in area. The site has been disused since 2012. Planning permission was granted for the demolition of site structures under application reference no. 2140647, and separate planning permission (Ref. 2442868) was obtained for remediation works on the site. Remediation works involved the excavation and off-site disposal of impacted soils, the pumping and treatment of groundwater, and the importation of stone/soil for backfilling.

The site is bounded by residential and commercial properties to the north and north-east, Kinsale Road to the east, Virgin Media Park and a retail premises to the south and south-east, and Pearse road to the west. The overall topography of the site is relatively flat with a steep embankment located along the western boundary.

The site can currently be accessed via existing entrance off Pearse Road to the west and Kinsale Road to the east.



Figure 1-1: Site Location of the Proposed Development

The proposed works are outlined in a series of architectural drawings prepared by BKD Architects, and engineering drawings prepared by PUNCH Consulting Engineers that are supplied as part of the planning documentation.

This Outline Construction Traffic Management Plan (OCTMP) sets out guidelines on traffic management during the construction phase of the development. It has been prepared prior to the appointment of a contractor. It will be the responsibility of the appointed contractor to prepare and submit a full detailed Construction Traffic Management Plan (CTMP) to Cork City Council and An Garda Síochána for agreement and approval, prior to commencement of construction. The CTMP will be a live document that will be updated throughout the project lifecycle by the Appointed Contractor if required.



### Outline Construction Traffic Management Plan

### 1.1 Purpose and Scope

This OCTMP is a critical construction contract document, aiming to minimize potential impacts during the proposed scheme's construction. Its objectives include:

- 1. Outlining minimum traffic management measures for site access/egress points and their approaches during the works,
- 2. Demonstrating to the Developer, Contractor and Suppliers the need to adhere to the relevant guidance documentation for such works,
- 3. Providing a basis for the Contractor to develop the OCTMP into a comprehensive CTMP.

The Developer will be responsible for ensuring that the Contractor develops this OCTMP into a CTMP and manages the construction activities in accordance with the CTMP.

Objectives and measures are also included for the management, design, and construction of the project to control the traffic impacts of construction as it may affect the environment, residents and the public in the vicinity of the construction works.

The goal of this OCTMP is to minimize residual impacts on the public road network during the construction phase of the proposed development, ensuring transport-related activities are conducted with maximum safety and minimal disruption to other road users.

The OCTMP has also been prepared to identify safe and suitable methods of access for construction traffic to the proposed development. It outlines traffic management strategies for transporting construction materials, equipment, and personnel along the public road network to facilitate the development's construction. Site operatives will primarily use light vehicles, while Heavy Goods Vehicles (HGVs) will transport general construction materials like fill material, concrete, bricks to the site and remove excavated material for off-site disposal.



## 2 Indicative Construction Program

It is estimated that the construction programme for the proposed works will last in the order of 18 to 36 months from the date of commencement. This estimation is based on typical construction programmes for other similar developments that are currently underway. The scheme will be delivered in a phased manner over this programme.

### 3 Site Access

The Main Contractor will be responsible for site access/works activity and depending on construction sequencing must ensure the continued safe operation the existing housing estate roads in the vicinity. It is proposed that construction vehicles will access the site from Kinsale Road and Pearse Road via existing access points. Refer to Figure 3-1 for a Google Street view of the proposed Site Access along Kinsale Road and Figure 3-2. for a Google Street view of the proposed Site Access along Pearse Road.



Figure 3-1: Proposed Site Access Point along Kinsale Road (Northbound)





Figure 3-2: Proposed Site Access Point along Pearse Road (Northbound)

## 4 Site Set-Up and Security

The Main Contractor will be required to submit a site layout plan that will detail the proposed location of the site compound and associated welfare facilities. The Main Contractor will ensure that the site compound will be serviced as required and will be secured with appropriate fencing/hoarding. The site compound will be used as the primary location for the storage of materials, plant and equipment, site offices and worker welfare facilities. As Project Supervisor Construction Stage (PSCS), the Main Contractor will be responsible for site security, and they are to ensure that the site and site compound are adequately secured at all times.

As with other construction activities that are being carried out within the Cork City Council area, activities associated with the construction compounds will be subject to restrictions to the nature and timing of operations so that they do not cause undue disturbance to neighbouring areas and communities.

The site layout plan will also include the site perimeter and the proposed detail with regards the hoarding and gate system.



### 5 Construction Traffic Generation

#### 5.1 Overview

The potential temporary impacts of the scheme on the wider and local road network are as follows:

- 1. Temporary impacts during construction due to the excavation of materials in order to facilitate construction, and the associated movements of excavation vehicles from the basement construction.
- 2. Temporary impacts associated with the importing of construction materials, equipment, etc. to the works areas, and the relevant movements of delivery and construction vehicles and construction personnel,
- 3. Construction staff commuting to and from the site and
- 4. General service traffic associated with construction activities (i.e. plant deliveries, visitors, traffic between working areas, etc.)

### 5.2 Staff Type and Transportation Options

Given the location of the site, public transport links and the nature of construction transportation to and from the site is expected to be by car and public transport. Staff will be instructed not to park on public roads and parking will be provided within the site compound as outlined in subsequent sections.

An upper limit of 100 No construction staff is expected to be involved during construction at any given time. Typically, these vehicles will arrive before 8am and depart after 6pm in line with the permitted working hours set out under the conditions/permission.

#### 5.3 Haul Routes and Deliveries

Construction equipment and vehicles required for each construction element/operation will be delivered to site by appropriate vehicles. Specific equipment and vehicles which are deemed to be required for the proposed development by the contactor, suppliers and staff are to be confirmed and included in the CTMP, prior to the commencement of construction.

Most of the material to be delivered to site will travel via Pearse Road or Kinsale Road. Materials from quarries and other suppliers is also likely to travel via the N27 and regional roads. These suppliers are yet to be specified. The CTMP will specify locations of these suppliers and the haul routes to be used from each location to each working area.

There is sufficient width on the proposed access road to facilitate these deliveries.



## 6 Management of Construction Traffic Requirements

### 6.1 Legislation & Guidelines

The appointed contractor shall consult the following documents when developing the CTMP:

- Traffic Signs Manual, Chapter 8: Temporary Traffic Measures and Signs for Roadworks -Department of Transport
- Temporary Traffic Management Design Guidance Department of Transport
- Guidance for the Control and Management of Traffic at Roadworks Department of Transport,
   N.R.A and Local Government Management Services Board
- Guidelines for Working on Roads Health and Safety Authority, 2009 (Practical guidance on the Safety, Health and Welfare at Work (Construction) (Amendment) (No. 2) Regulations 2008)

These Guideline documents shall be read in conjunction with primary Safety Health & Welfare at Work legislation including the 2005 Act, the Safety, Health and Welfare (Construction) Regulations 2013, and any amendment to them (the Construction Regulations).

### 6.2 Site Access and Egress

The proposed access locations to the development have been identified and the Contractor will provide advanced warning signs, in accordance with the latest current Department of Transport's 'Traffic Signs Manual, Chapter 8: Temporary Traffic Measures and Signs for Roadworks, on the approaches to proposed site access locations, a minimum of one week prior to construction works commencing at that location.

Appropriate lines of sight are available at the access site, however, will be monitored by banksman during periods of large deliveries.

Access to the site will be actively managed by the Contractor who will ensure the following measures are followed:

- a) Construction vehicles must not stop or park along public routes at any time;
- b) Haulage vehicles must not travel in convoys greater than two vehicles at any time;
- c) Site entrance to remain free of parked or stationary vehicles at all times;
- d) All loading of demolition/waste material will occur within the site boundary;
- e) All off-loading of deliveries will take place within the site, remote from the public roads and will access via the agreed construction access point.
- f) The Contractor will be required to provide wheel cleaning facilities, and regular cleaning of the main access road.
- g) The contractor will be required to ensure pedestrian and cyclist safety on Pearse and Kinsale Road through signage or provision of a banksman during large deliveries.
- h) Temporary car parking facilities for the construction workforce will be provided within the site. These car parking spaces will be located adjacent to the site compound. The surface of this car park will be prepared and finished to a standard sufficient to avoid mud spillage onto adjoining roads.
- Monitoring and control of construction traffic will be ongoing during construction works. Construction traffic will be scheduled to minimise movements during peak hours.



The Contractor is required to control construction traffic in and around the proposed development location to ensure no adverse impact on the surrounding residential areas. The Contractor must adhere to the following:

- a) Communicate clearly to all construction staff and subcontractors that they are bound by these restrictions to park within the construction compound and not on surrounding road networks.
- b) Schedule site traffic in advance to ensure that deliveries do not occur at peak times
- c) Monitor construction traffic at key points to check compliance.
- d) Details of the Contractor's traffic management plan must be submitted to Cork City Council (CCC) and approved by same prior to commencement on site.
- e) Daily construction programmes will be planned to minimise the number of disruptions to surrounding roads by staggering HGV movements.
- f) There will be limited parking, sufficient only to serve those directly involved with the works.
- g) Construction vehicles will follow the road hierarchy as much as practicable i.e. construction vehicles will be directed away from local or minor streets and roads and will be required to use designated primary national and regional routes for accessing the site.
- h) The Contractor will appoint a Traffic Management Coordinator who will be responsible for the coordination of all traffic safety/traffic management and pedestrian/cyclist safety/traffic management matters. The Traffic Management Coordinator will ensure that all traffic management requirements are met.

### 6.3 Traffic Management Signage

The Contractor will engage in consultations with relevant authorities to identify and agree signage requirements. These signs will be installed prior to the commencement of on-site works.

Proposed signage will include warning signs to provide warning to road users of the works access/egress locations and the presence of construction traffic.

All signage to be provided in accordance with the latest current Department of Transport's 'Traffic Signs Manual, Chapter 8: Temporary Traffic Measures and Signs for Roadworks. The Contractor will ensure that the following elements are implemented:

- Consultation with the relevant authorities for the purpose of identifying and agreeing signage requirements,
- Provision of temporary signage indicating site access route and locations for contractors and associated suppliers,
- Provision of general information signage to notify road users and local communities about the nature and locations of the works, including project contact details.



## 7 Other Measures To be Employed

### 7.1 Emergency Access

Access for emergency vehicles via the primary haul roads must be always maintained.

### 7.2 Temporary Road Surfaces

All reinstatement be it temporary or permanent shall be carried out in accordance with Guidelines for Managing Openings in Public Roads - Department of Transport, Tourism and Sport 2017

### 7.3 Loading/Unloading locations

Vehicles must be loaded and unloaded within the site area (i.e. within site boundary red line). Contractors are not permitted to carry out loading or unloading on the public roadway. This approach reduces the risk to the public, reduces congestion, and minimises disruption and risk to any passing vehicles on the highway. All deliveries and collections will be overseen and managed for the Contractor by a nominated competent person.

### 7.4 Potential Interface with Other Projects

The proposed works may have an interface with other projects within the locality. There may be a number of PSCS's operating in the locality at any one time on individual sites. It will be the responsibility of the appointed Contractor as PSCS to ensure that delivery and haul routes, site access and egress points and potential crossing points associated with the site are fully coordinated and agreed with other Contractors in advance of the works commencing.

### 7.5 Lighting

Where floodlighting of the works area is required in poor daylight conditions, the positioning of the lighting units must not be such as to cause glare to drivers. Workmen should be protected from stepping inadvertently from the illuminated area into an unilluminated traffic lane.

In addition to lighting, signs, chevrons, barriers and other devices should be reflectorised. Reflectors should be used to ensure that the work area is adequately marked if the lighting is vandalised or otherwise fails.

### 7.6 Road Cleaning

It will be a requirement of the works contract that the Contractor carry out periodic road sweeping/cleaning operations to remove any scheme related dirt and material deposited on the road network by construction / delivery vehicles. Road sweepers will dispose of material following sweeping of road network, to a licensed waste facility.

#### 7.7 Vehicle Cleaning

It will be a requirement of the works contract that the Contractor will provide dry or wet wheel washing facilities where appropriate, and any other necessary measures to remove mud and organic material from vehicles exiting sites or works areas.

### 7.8 Traffic Management Speed Limits

Adherence to posted / legal speed limits will be emphasised to all staff and suppliers and contractors during induction training. Drivers of construction vehicles and HGVs will be advised that vehicular speeds in sensitive locations, such as local community areas, will be restricted to appropriate levels.



#### 7.9 Asset Protection

The Contractor must take care to avoid damage to roads, footpaths, grass margins, and other surfaces and all walls including protected walls, structures including protected structures and the associated curtilage, trees, lighting fixtures and all other street furniture within or outside of the overall site. They shall be liable for the cost of repairing / replacing all such damage caused by its operations to the satisfaction of Cork City Council.

Contractors must take precautions to ensure against spillage of diesel fuel, contaminated water or solvents. Any damage so caused shall be made good by the offending Contractor.

Contractors must prohibit the use of tracked plant on road surfaces outside of the site unless suitably approved protective measures are taken to safeguard the integrity of surfaces.

The Contractors Construction Management Plan must include specifications regarding the quality of temporary reinstatements and the timelines for permanent reinstatements of roads and pavements affected by the works.

### 7.10 Outline Construction Approach

Please refer to the Outline Construction Environmental Management Plan (OCEMP) prepared by PUNCH Consulting Engineers and included with this Planning Application for details on the outline construction approach.

### 7.11 Communications with Local Stakeholder Management

The Contractor will, as required, liaise with owners of local properties in advance of works commencing onsite and coordinate works to have minimum impact on the operation of local properties. The Contractor will use a competent sign provider and all signage used will meet the requirements of the Safety, Health & Welfare at Work (General Applications) Regulations 2007 and Chapter 8 Traffic Signs Manual.



### 8 Conclusion

This document has provided an Outline Construction Traffic Management Plan for the proposed development which will consist of a Large-Scale Residential Development (LRD), comprising 170 no. residential units (158 no. apartments and 12 no. townhouse apartments, to include 51 no. 1-bed units, 84 no. 2-bed units, 35 no. 3-bed units) arranged in 4no. blocks varying in height from four to nine storeys over ground. The proposed development also includes a crèche; café; management office; 4 no. retail units; car parking and cycle parking provided on surface and within an undercroft; the provision of private, communal and public open space and all associated site development, landscaping and drainage works on the site of the Former Vita Cortex Facility, Kinsale Road and Pearse Road, Cork.

The development will include all relevant infrastructure including parking areas, access, drainage, changes in levels; internal roads and pathways, pedestrian access points, services provisions; landscaping and boundary treatment and all associated site development and excavation works.

The construction programme for the works will take an estimated 18 to 36 months with units delivered in a phased basis. The site will be accessed via the two existing access points located on Kinsale Road and Pearse Road.

The Main Contractor will be required to prepare a detailed outline construction traffic management plan for the project, taking into account this outline plans requirements.